

JOURNALING

RELATIONSHIPS



WORKBOOK

AUTUMN BLACKWOOD, B.DIV, CLC
UNTAMEDPRIESTESS.COM

Welcome!

Hello hello! This workbook is to help guide you through the topic of relationships. This can be for a current relationship or for planning what you want your future relationships to look and feel like.

if a question asks how you are feeling about a current relationship - write about your dream partner and what answering the prompt with that dream partner in mind would be like.

It's my hope that this will help you to realize that you are worth everything, and deserve everything, including a healthy romance!

Be well, love you,

Autumn Blackwood



ABOUT ME

I'm Autumn, the heart and soul behind The Untamed Priestess. I'm on a mission to empower women to embrace their authentic selves through self-care, wellness, and spirituality.

As a witchfluencer, I blend inner child healing, feminine energy, moon magic, and sacred sexuality into everyday life, offering insights, tarot readings, and spiritual practices including women's circles and energy healing.

JOURNALING PROMPTS: CURRENT

What would you rate your current relationship on a scale of 1 to 10?

What do you like about your relationship?

What do you want more of in this relationship?

JOURNALING PROMPTS

When you think of this relationship, howe does it make you feel?

What's something you want to tell your partner, but haven't due to fear?

What do you want the outcome of this confession to be?

JOURNALING PROMPTS

Write a letter to your partner including anything you need to tell them.

JOURNALING PROMPTS: IDEAL

What are the 3 most important qualities a partner needs to have?

What are 3 qualities you cannot stand in a partner?

Looking at the big picture, how important are the above to you?

JOURNALING PROMPTS: IDEAL

What will you never tolerate again?

What do you need to change about yourself to be a better lover/partner?

How important is being in a relationship to you?

JOURNALING PROMPTS: IDEAL

What actions can a partner take that makes you feel loved?

How can you communicate those needs to a partner?

How do you show love? How can a partner communicate that to you?

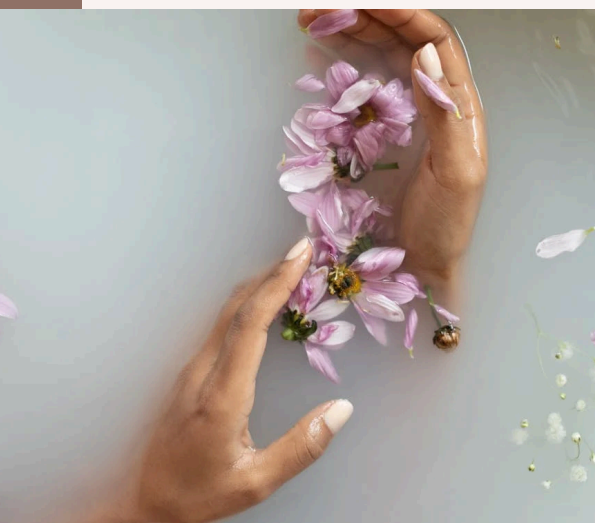
JOURNALING PROMPTS

Write a letter to your ideal future partner, what do you need them to know?



WANNA LEARN MORE?

If you've liked this book and want to reach out for 1:1 coaching
please email me!



[EMAIL ME](#)

untamedpriestess.com